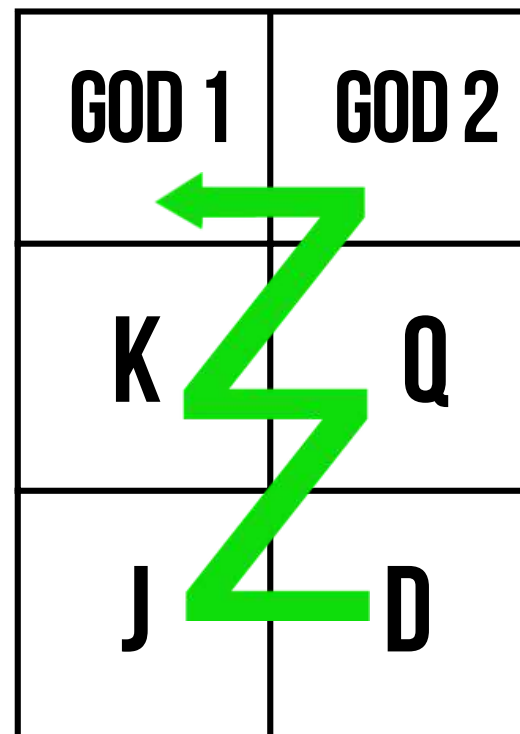


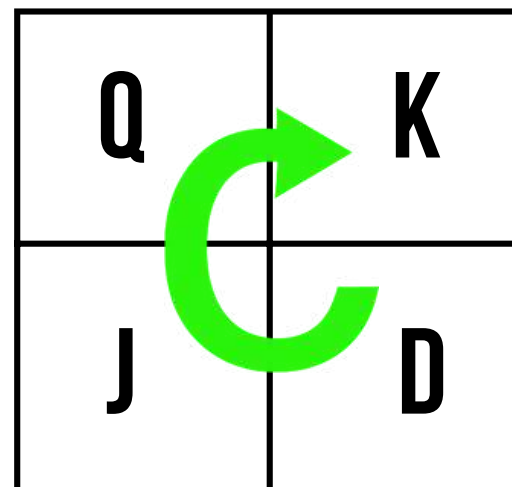
# HANDBALL RULES 2025

## FORMAT

Z FORMAT



C FORMAT



## RULES

1. Anyone serves a descent. Ace, SOS
2. Over = out
3. Lines: 3 options
  - (a) Outside Line = makers/play on, inside/middle lines = replay
  - (b) Outside line = out, Inside Line in
  - (c) All lines = replay
4. Rolls = Out
5. Headers & Body shots knees up allowed
6. 3 square or instant elimination. 6 square courts = 5 square elimination
7. Psykes (1 foot)
8. Trav's on for 4 squares.
  - (a) Headers and body shots only
  - (b) Anyshot
 Optional for 6 squares
9. Optional: Savies, Cherries, Poison
10. No teaming, targeting, swapsies or hightowers

## GOOD SPORT STEPS

1. Discussion
2. Vote
3. Replay
4. Teacher
5. Constant problems - modify rules

